1. Unplug the treadmill, remove the motor hood and side rails.







2. Tip: Use a permanent marker and mark the roller positions on the bolt on the front roller and bolts on the rear roller- not all front rollers

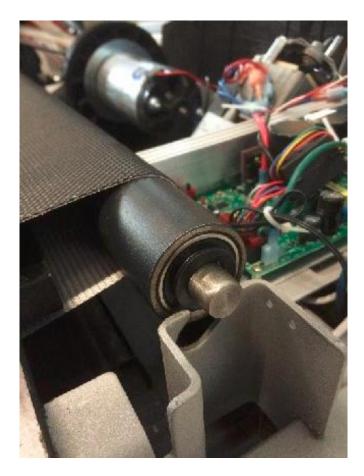
have this adjustment bolt.



3. Remove the roller adjustment bolt(s).

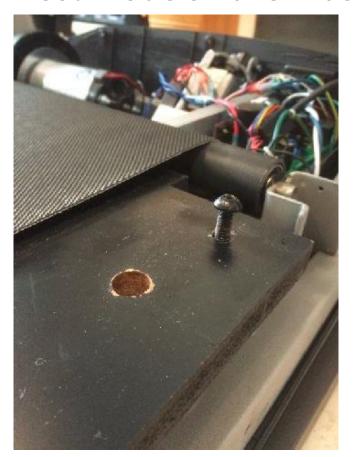






4. Remove the deck bolts. Most models have 4 bolts.





- 5. BELT:Remove the old walking belt, lift up the running deck and pull the belt out on the right side.
- 5. DECK:Remove the old walking deck, pull the deck out on the right side.





- 6. Insert the new walking belt, lift the running deck and pull the belt in from the right side.
- 7. Place the roller bolts. Retighten the bolts to previous mark (step 2)
- 8. Refasten the deck bolts. Go ahead and tighten the deck bolts fully in this step.
- 9. Retighten the walking belt to the marked positions on the rear roller bolts.
- 10. Place the siderails and refasten screws.

- 11. Check the walking belt for proper tension by lifting it 3-4 centimeters in the center of the belt.
- 12. Test the treadmill for slippage and make adjustments (if needed) for lateral centering or tracking.
- 13. Once the belt tests good, place the motor hood.



